

NEW IN OCTOBER

ZUMBA

@Warwick Town Hall

Tuesdays at 6:00 p.m. and Sundays at 9:00 a.m.

with licensed Zumba instructor/ballroom/Latin dance
teacher Christine Rouleau

Drop-in fee of \$5 per class

Party yourself into Shape

Latin-inspired/easy to follow Dance-fitness Party. Feel
the music and let loose. Zumba burns 400 - 1000
calories per hour and is an entire body workout! You
do not have to be a dancer to do Zumba. Relaxed
atmosphere/fun way to get in shape!

First class is on Tuesday, October 2 at 6:00 p.m.

